



# Allergen Matrix

## Stokenham Summer menu 2024



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Jacket Potato with Chilli													✓	
Tomato And Vegetable Pasta Bake With Focaccia Bread & Sweetcorn					✓ Wheat		✓		✓				✓	?
-A- Banana Sticky Toffee			✓		✓ Wheat									
-A- Beef Bolognese and Pasta, Garlic Focaccia Broccoli and Sweetcorn 327g					✓ Wheat				✓				✓	?
-A- Breaded Chicken Pesto Pasta and Salad			✓		✓ Wheat				✓				✓	?
-A- Brunch Bar													✓	
-A- Brunch Bar - Vegetarian					✓ Wheat									
-A- Butternut Squash and Cauliflower Curry With Vegetable Rice and Naan 322g					✓ Wheat				✓				✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Cajun Butternut Squash & Bean Burger, Wedges and Salad sticks					✓ Wheat							?	✓	
-A- Chicken Korma, Rice, Carrots and Sweetcorn 312g					?		✓		✓				✓	
-A- Chocolate Orange Drizzle Cake 52g			✓		✓ Wheat									
-A- Custard Cookie			?		✓ Wheat		✓							
-A- Fish Fingers, Chips and Salad Sticks 215g				✓	✓ Wheat									
-A- Fruit Platter 75g														
-A- Homemade Jammy Dodger 53g			?		✓ Wheat									
-A- Homity Pie with Roast Potatoes and Seasonal Veg					✓ Wheat		✓						✓	
-A- Ice Cream							✓							?
-A- Jacket Potato with Beans and Salad 351g														
-A- Jacket Potato with Cheese and Salad - 321g							✓							



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Jacket Potato with Cheese, Beans & Salad 366g							✓							
-A- Jacket Potato with Tuna Mayo & Salad 351g			✓	✓					✓					
-A- Jelly & Fruit 105g														
-A- Lemon Drizzle Cake 52g			✓		✓ <i>Wheat</i>								✓	
-A- Macaroni Cheese with Cauliflower, Focaccia Bread and Salad 309g					✓ <i>Wheat</i>		✓		✓				✓	✓
-A- Quorn Toad in the Hole with Roast Potatoes and Seasonal Vegetables			✓		✓ <i>Wheat</i>		✓						✓	
-A- Roast Chicken, Roast Potatoes, Carrots, Peas and Gravy 264g													✓	
-A- Salmon Fingers, Chips and Salad Sticks 215g				✓	✓ <i>Wheat</i>									
-A- Sausage Roll, Chips, Salad Sticks 227g					✓ <i>Wheat</i>		✓							
-A- Vanilla Iced Sponge 48.75g			✓		✓ <i>Wheat</i>									



-A- Vegetable Fajita, Wedges, Sweetcorn					✓ Wheat		✓							
-A- Vegetable Nuggets, Chips, Beans 217.5g					✓ Wheat									
-A- Vegetable Nuggets, Chips, Peas 217g					✓ Wheat									
-A- Yorkshire Pudding Vegetable Cottage Pie with Carrots 286g			✓		✓ Wheat		✓						✓	
Cheese Wheel, Wedges and Peas					✓ Wheat		✓							
Loaded Singapore Noodles					✓ Wheat				✓				✓	✓
Paninis - 3 Cheeses			?		✓ Wheat		✓						?	
Paninis - Bacon and Cheese			?		✓ Wheat		✓						?	
Roast Pulled Beef and Yorkshire Pudding Dinner			✓		✓ Wheat		✓						✓	
Rocket Lolly														