






























































































# Allergen Matrix














































## Stokenham Autumn 2023

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Chocolate Cookie														
-A- Jacket Potato with Beans														
-A- Jacket Potato with Cheese and Beans														
-A- Apple Crumble & Custard														
-A- Baked Bean Chilli, Tortilla Chips and Sweetcorn														
-A- Beef Burger with Herb Diced Potatoes, Peas and Carrots														
-A- Beef Lasagne, Garlic Focaccia, Sweetcorn														
-A- Blueberry Muffin														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
-A- Breaded Fish with Chips and Peas														
-A- Breaded Fish, Chips and Beans														
-A- Brunch Bar					 <i>(Wheat*)</i>									
-A- Brunch Bar - Vegetarian					<i>Wheat</i>									
-A- Cauliflower & Broccoli Cheese, Roast Potatoes, Carrots, Cabbage & Gravy														
-A- Cheese and Bean Pasty with Chips & Baked Beans					<i>Wheat</i>									
-A- Cheese and Bean Pasty with Chips & Peas					<i>Wheat</i>									
-A- Cheese and Tomato Gnocchi with Garlic Focaccia and Peas					<i>Wheat</i>									
-A- Chicken Bites, Chips and Beans					<i>Wheat</i>									
-A- Chicken Bites, Chips and Peas					<i>Wheat</i>									
-A- Chocolate Courgette Cake					<i>Wheat</i>									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten <small>Oats (Barley*, Wheat*)</small>	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
-A- Flapjack					<input checked="" type="checkbox"/>									
-A- Fruit Platter					<input checked="" type="checkbox"/>									
-A- Halloumi Wrap, Pesto Pasta, Pea and Carrots					<input checked="" type="checkbox"/> <i>Wheat</i>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input type="checkbox"/>
-A- Hand Stretched Pepperoni Pizza with Wedges and Sweetcorn					<input checked="" type="checkbox"/> <i>Wheat</i>		<input checked="" type="checkbox"/>							
-A- Hunters Chicken Wrap, Jacket Wedges and Salad Sticks					<input checked="" type="checkbox"/> <i>Wheat</i>		<input checked="" type="checkbox"/>							
-A- Hunters Chicken Wrap, Sunshine Rice and Salad Sticks					<input checked="" type="checkbox"/> <i>Wheat</i>		<input checked="" type="checkbox"/>							
-A- Jacket Potato with Cheese							<input checked="" type="checkbox"/>							
-A- Jacket Potato with Tuna Mayo			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					<input type="checkbox"/>					
-A- Jelly & Fruit														
-A- Macaroni Cheese with Cauliflower, Focaccia bread and salad					<input checked="" type="checkbox"/> <i>Wheat</i>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input type="checkbox"/>

														
-A- Pasta Bar- Cheese Sauce, Focaccia Bread and Sweetcorn														
-A- Pasta Bar- Pesto , Focaccia Bread and Sweetcorn														
-A- Pasta Bar- Tomato and Basil, Focaccia Bread and Sweetcorn														
-A- Red Pepper and Lentil Wellington Dinner, Roasted Potatoes, Vegetables and Gravy														
-A- Roast Chicken, Roast Potatoes, Carrots, Peas and Gravy														
-A- Salmon Fingers, Chips and Baked Beans														
-A- Salmon Fingers, Chips and Peas														
-A- Sausage with Roast Potatoes and Seasonal Veg														
-A- Shortbread														
-A- Sticky Toffee Pudding With Toffee Sauce														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
-A- Vegetable Nuggets, Chips, Beans					 <i>Wheat</i>									
-A- Vegetable Nuggets, Chips, Peas					 <i>Wheat</i>									
-A- Vegetable Sausage Roll with Chips and Baked Beans					 <i>Wheat</i>									
Broccoli and Leek Bake, Roast Potatoes, Vegetables and Gravy														
Paninis - 3 Cheeses					 <i>Wheat</i>									
Paninis - Bacon and Cheese					 <i>Wheat</i>									
Paninis - Tuna Mayo					 <i>Wheat</i>									
Roasted Root Veg Pasta and Peas (VG)					 <i>Wheat</i>									
Sweet Potato and Butternut Squash Korma And Sunshine Rice			 <i>(Wheat*)</i>											
Vegetable Chilli Tortilla, Jacket Potato Wedges & Salad					 <i>Wheat</i>									
Vegetable Fajita With Jacket Wedges And Salad					 <i>Wheat</i>									

Vegetable Wellington, Roast Potatoes, Vegetables and Gravy  
Vegetarian Hotpot with Veg and Yorkshire Pudding



Wheat



Wheat



May contain Does contain

\*Allergens in brackets are a May Contain.