



Stokenham Spring/Autumn 23 Allergen Matrix



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
5 Bean & Vegetable Fajita, Herb Diced Potatoes & Baked Beans					✓ <i>Wheat</i>		✓							
Apple Muffin			✓		✓ <i>Wheat</i>									
Beef Bolognese, Pasta, Focaccia Bread and sweetcorn					✓ <i>Wheat</i>				✓					?
Breaded Halloumi Straws with Chips & Salad Sticks					✓ <i>Wheat</i>		✓							
Butcher Sausage Hot Dog, Savoury Diced Potato & Baked Beans			?		✓ <i>Barley, Wheat</i>		?						✓	?
Butternut Squash & Bean Burger Roast Dinner													✓	
Chicken Bites, Chips, Carrot and Cucumber Sticks					✓ <i>Wheat</i>									
Chickpea, Red Pepper and Butternut Risotto with 2 Fresh Vegetables													✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Eton Mess - Special			✓				✓							
Fish Finger Sandwich, Chips and Salad Sticks				✓	✓ Wheat									✓
Fruit Platter														
Halloumi Wrap, Vegan Pesto Pasta & Garden Peas					✓ Wheat		✓		✓				✓	?
Hand Stretched Margharita Pizza, Wedges and Peas					✓ Wheat		✓							
Hoi Sin Chicken Stir Fry Noodles					✓ Wheat							✓	✓	✓
Ice Cream Pot							✓							
Jelly with Fruit														
Mild Beef Chilli con Carne and Sunshine Rice													✓	
Oaty Cookie					✓ Oats, Wheat (Barley*)									
Peach Slice & Cream			✓		✓ Wheat		✓							
Primary Pasta Bar					✓ Wheat		✓		✓				✓	?



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Rice Krispie Cake					✓ <i>Barley</i>		✓							
Roast Chicken Dinner And Fruity Stuffing					✓ <i>Wheat</i>									
Roast Pulled Beef and Yorkshire Pudding Dinner			✓		✓ <i>Wheat</i>		✓							
Strawberry Marble Cake			✓		✓ <i>Wheat</i>									
Tomato and Cheese Potato Gnocchi with Jacket Potato Wedges & Vegetable Sticks					✓ <i>Wheat</i>		✓		?				✓	?
Vegan Sausage Hot Dog, Pommes Noisette & Sweetcorn			?		✓ <i>Wheat</i>		?					?		
Vegetable Katsu Curry with Sunshine Rice									✓				✓	
Veggie Nuggets, Chips, Carrot and Cucumber Sticks					✓ <i>Wheat</i>									